On-the-Go Quick Start Guide

Your mobile medical alert, with GPS and fall detection built in.



Set up

1 **Plug in the cradle**

Plug the charging cradle into a wall outlet that is not controlled by a light switch.

2 **Charge it fully**

Place the device on the cradle. It powers on and connects automatically. **Don't remove it or press the button for the first few minutes.** A full charge takes 1–2 hours.



3 **Call us to activate**

Call **(844) 973-2424**. We'll confirm your details and stay on the line for your first test call.

4 **Attach the lanyard**
Clip the lanyard into the back of the device until it snaps flush, and wear it around your neck.



5 **Charge every night**
Like a phone, place it on the cradle each night. With fall detection on, a charge lasts up to about 2 days.

6 **Test it**
Press the button. When the agent answers, say **"This is a test."** Test once a month.

What the lights mean

Light	Meaning
Flashing red	Charging
Solid red	Fully charged
Solid blue	Placing a call for help
Flashing blue	Normal operation
No light	Battery may be empty. Put it on the cradle.

Fall detection does not detect every fall. Always press your button if you can. The device is water-resistant but should never be fully submerged. It needs cellular coverage to place calls.